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RE: Follow-up visits to see the physician

January 21, 2022

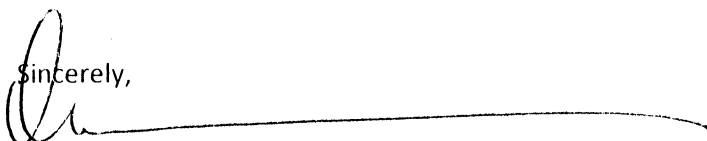
Dear Patient:

All patients are required to be evaluated at regular intervals by the doctor at a frequency determined by him based on the medical care they are receiving and their response to therapy (which may include the time of year). These visits may include nasal or laryngeal endoscopic exam for diagnosis, response to treatment and further management. Sino-nasal complaints poorly correlate with findings on physical exam (i.e. patients may feel well but may not look as good as they feel). Surveillance exams while patients perceive they are progressing well allows evolving disease to be detected early and treated early with shorter courses of treatment while they are asymptomatic or have mild symptoms. This is how we keep patients in good sino-nasal health by treating disease before symptoms begin or worsen. Patients now don't need to wait for their symptoms to resolve since they are being seen without or with minimal symptoms. Additionally, why be 50% better when you can be 70-80% improved? There is no auto pilot when managing chronic disease (i.e. high blood pressure, diabetes, etc.).

Payers (health insurance carriers) require patients to be seen on a regular basis to show that the physicians is actively participating in the care of their patients at office visits every 3-4 months or less if early in the course of treatment to minimize relapse and severity of symptoms. Patients who are doing well and stable may be seen less frequently at the physician's discretion. All patients have to be seen by the physician. This will take precedence over allergy shots or any other procedures or services on the same day.

Thank you for your cooperation in helping us take care of you in this constantly changing healthcare environment.

Have a good NOSE year!

Sincerely,


Ravi Nadarajah, MD, BDS, MSc, FAOOA, FACS